

Top Tips to help you find & work with a mentor

Part
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Taken from the blog 'Finding and working with a mentor'
by Dr Kay Guccione and Dr Steve Hutchinson

How to ask someone to be your mentor

To encourage someone to be motivated to be your mentor, they must see a fit between what you want and what they can offer you. Start off by telling them:



Who you are



Where you're heading in your career



What your upcoming priorities are



How mentoring will help you to get there

Set clear expectations of what you're looking for and what you need, whether it be:

- To test out career ideas
- An introduction to new networks
- Challenge and critique
- A space to share your concerns with an empathetic person/peer
- Why you chose to ask this specific mentor
- Advice.



Remember, your role as a mentee is an active role, reassure your mentor that you will be doing the work, it's about your development



Tell your mentor the timeframe you expect to achieve your goals

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